



6214 Saratoga Blvd Bldg 6 Corpus Christi, TX 78414
361-452-5460

Before Day Surgery:

1. **Pre-registration:** It is preferred that you pre-register in person at least a week prior to surgery. If you are unable to pre-register in person, please contact our office by telephone to obtain the information needed for your child's surgery. **Payment is due at the time of pre-registration.**
2. **Nurse screening:** A pre-op nurse will call to go over instructions and arrival time.
3. Your physician will notify you if any special tests or lab work is required before the day of surgery.
4. H&P consults, clearances must be to your surgeon at least three days before surgery.

If your child develops fever, rash, flu, cough, diarrhea, chickenpox or untreated lice, etc., please notify your surgeon and call 361-452-5460 to notify our Day Surgery nursing staff.

Preparing for Surgery:

- One parent or legal guardian **must** remain in the facility at all times during your child's entire surgical process.
- Arrange for transportation home from the outpatient facility. Make sure there are two adults that come for surgery. When it is time to go home one can drive and the other one can take care of the patient. An adult needs to stay with the patient for the first 24 hours.
- There is limited space in the waiting room so please do not bring other children, family members or friends to the facility.

Day of Surgery:

- Bring insurance information, an ID and all forms given to you by your physician
- Your child **should not** eat or drink anything after midnight the day of surgery unless otherwise directed by the physician. Your paperwork from your child's physician should state the instructions.
- Dress your child in comfortable loose clothing.
- For very small children, bring a supply of diapers, extra clothing and other items they normally use.
- Bring your child's favorite blanket or toy.
- Your child should not wear contact lenses, nail polish, make-up, jewelry or piercings.
- Because children are not allowed to eat or drink before surgery and they are subject to nausea and vomiting after surgery, we ask that you do not bring food or drinks into the facility.

After Day Surgery:

- You will be given a Discharge Plan for your child at the time of discharge. It will give specific instructions for the level of activity and diet that is recommended. Always follow recommendations from your physician.
- You might want to have ready at home some Jell-O, apple juice, chicken broth, or Gatorade so your child can have something light when they get home.
- After you have returned home, you will be contacted by the staff later on in the day to check on your child's progress.