



6214 Saratoga Blvd Bldg 6 Corpus Christi, TX 78414
361-452-5460

Before Day Surgery:

1. You will receive up to 3 calls prior to surgery. Schedule a pre-registration appointment. It is preferred that you pre-register in person at least a week prior to surgery. A pre-op nurse will go over instructions and arrival time. If you are unable to pre-register in person, please contact our office by telephone to obtain the information needed for the patient's surgery. **Payment is due at the time of pre-registration.** You will also receive a call by the anesthesiologist group.
2. Your physician will notify you if any special tests or lab work is required before the day of surgery.
3. If you think you might be pregnant please notify your physician, anesthesiologist and nurse prior to the date of surgery. The surgical procedure, anesthesia and medications may be harmful to a developing baby.
4. H&P consults; clearances must be to your surgeon at least three days before surgery.
If the patient develops fever, rash, flu, cough, diarrhea, etc., please notify your surgeon and call 361-452-5460 to notify our Day Surgery nursing staff.

Preparing for Surgery:

- One caretaker **must** remain in the facility at all times during the patient's entire surgical process.
- Arrange for transportation home from the outpatient facility. Make sure there is a competent caretaker that will be able to take you home once you are released from surgery. An adult needs to stay with the patient for the first 24 hours.
- There is limited space in the waiting room so please do not bring children, family members or friends to the facility.

Day of Surgery:

- Bring insurance information, an ID and all forms given to you by your physician.
- Bring any medications that you may need during your stay at the facility (e.g., inhaler).
- You will be given instructions from your physician on taking your daily medicine before having surgery. Bring with you a list of all medications you are currently taking
- The patient **should not** eat or drink anything after midnight the day of surgery unless otherwise directed by the physician. The paperwork from the patient's physician should state the instructions.
- Have the patient arrive in comfortable loose clothing.
- The patient should not wear contact lenses, nail polish, make-up, jewelry or piercings.
- Do not use lotions, cream or powder.

After Day Surgery:

- You will be given a Discharge Plan at the time of discharge. It will give specific instructions for the level of activity and diet that is recommended. Always follow recommendations from your physician.
- You might want to have ready at home some Jell-O, apple juice, chicken broth, or Gatorade so you can have something light when the get home.
- After you have returned home, please contact your physician for any questions or concerns.